

The Water's Edge Cafe & Sean Michael Catering at the Calabasas Swim & Tennis Center



We had a busy summer at the club and I would like to thank all the members & staff here for their support. Another big thank you to all the teens that participated in the City of Calabasas Volunteer Program. We had a great crew of community kids that volunteered here at the club all summer long.

This fall will be busy at the Tennis & Swim Center once again. We will host The Calabasas USTA Challenger. October 19th – 25th. The café will be open daily during the upcoming tournament. Times TBD.

SMC Creative Catering Services continues to impress our guests with the customized catering services at all of the special events we have the privilege to host. Special Events are where we get to shine... From City and Community events, Tennis Tournaments and Bar/Bat Mitzvahs, business luncheons and meetings, to parties and events of any size... The Exec. Chef himself will help you create a personalized menu for any occasion. The only limit is your imagination...What kind of party? The sky's the limit...**Wedding Receptions..Casino nights.... Elegant Anniversary Galas.....Backyard Barbecues...Sweet Sixteen's... Birthday Parties of any theme Graduation parties... Bar and Bat Mitzvah.**

Sean Michael Catering specialize in Creative Catered Affairs. As always, we offer full service. Let us make your next event a success. From bartenders and servers, linens and table layouts, and of course.... fine-tuning a menu and theme that you choose.

We will meet and exceed all of your party planning needs. We've been doing this for a while now, and we take pride in our personalized attention and service. Come and visit our banquet rooms and outdoor facilities, all of which are available for private parties. Let us give you the tour and discuss all aspects of your event. Whether here at the club, in your home or office, we welcome the opportunity to make you look good. We can work within your budget, create the right menu and service package that is tailor made for your affair.

Thank you,

Sean Michael Learnihan

Owner/ Chef

December dates are booking up for holiday parties!!

To have your special event at The Tennis & Swim Center
Call Kathy Milbrand @ 222.2782 ex. 113 for facility rental



Here are but a couple of testimonials from our clients:

Hi Sean,

You are amazing! James' Bar Mitzvah party at the club exceeded my greatest expectations. From appetizers to entrees to dessert, your menu was "out of this world." All of our family and friends are still saying it was the best food they ever had at a Bar Mitzvah or a wedding!!! My only regret is that I didn't get to eat more of the appetizers (heard those Cajun Shrimp Skewers were incredible). From simple comfort food (mini grilled cheese sandwiches and sliders) to higher end entrees (Petite Filets and Salmon) to vegetarian options (pasta, grilled veggies), and the fantasy dessert menu - everything you served was absolutely delicious. In addition, you and your servers were polite, professional, easy going and delightful to work with. You and your staff also did a great job of setting up, and you all worked so well together. I would do another party with you in a second - and will absolutely refer you to my friends. Please feel free to use me for references. Your prices were beyond fair, and I really appreciated your help on everything from ordering the linens and place settings to creating the perfect floor plan and menu!

Kathy Milbrand was awesome to work with, too, and I will let her know what a terrific job you did. You guys ROCK!!!

Best wishes from all of us,

Julie

Hi, Sean

Just wanted to again thank you for making my mom's party so special.

The food was yummy, the presentation was so nice, the darling staff

and you -- well, what can I say? You were so delightful to deal with.

I am really happy we chose to have her party at the club. Be well.

Marla

**Calabasas Chiropractic
Sports & Medicine**

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SUMMER 2009

NEWSLETTER

www.calabasastsc.com



Dan Huncke

"Off the heels" of another successful and busy summer I look forward to the "calmness" of what fall has to offer. Again, I would like to thank the membership, especially those who are impacted by the increased demand of the Center for their patience during the busy summer months. As a community facility, the Center is well used throughout the community and your patience is much appreciated. I sure welcome the "calmness" of fall.

This fall and leading into the first of the year, you will notice a few more classes added to the fitness class schedule. We look forward to your feedback and anticipate adding a few additional classes in January. We will also be replacing a few pieces of our cardiovascular equipment with

personal viewing televisions which will be the goal for all the pieces in the future. Please, also put our Fall Fitness Affair event on your schedule for October.

On the tennis side of things, we have three fantastic premier tennis events to either sponsor, volunteer or just come out to cheer on the athletes. The first is our Challenger Tennis Tournament in October, in December a fundraiser for the Vijay Amritraj Foundation, followed by the California Bowl, a junior national tournament.

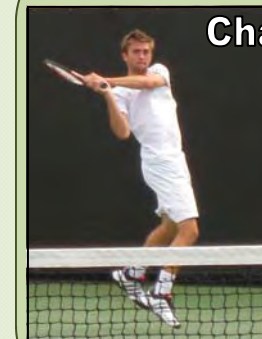
With some great tennis, some new additions to the fitness program, and the swimming pool back to some "normalcy", I look forward to seeing you utilize the facility this fall.

Respectfully yours,

Dan Huncke

Recreation Services Manager

The USTA Men's Pro Tennis Championships of Calabasas



Our 9th annual USTA Pro Circuit Challenger is scheduled for October 17-25. We are looking forward to a very successful tournament with community events and VIP parties every night of the week. Calabasas and Top Seed invite you to be a part of this year's tournament as a sponsor or volunteer for many of the tournament activities. Without their help we would not be able to host such a fine event!

JUMP START Fitness Programs

Do you want your middle schooler to embrace a healthy and active lifestyle through fitness and exercise? Do you want to help them develop self esteem and confidence?

JUMP START Fitness is the City's new, exciting and fun Fall Fitness Program designed specifically for your Middle Schooler! JUMP START Fitness programs are created to motivate the middle school age child to embrace activity, fitness and movement as a way of life. JUMP START Fitness offers fun work-outs and fitness programs in an energetic and non-competitive environment for all ability levels. Whether your child is a sports fanatic or a non-competitive soul, JUMP START Fitness has something fun and fit for everyone! The only prerequisite is a positive attitude. Our energetic JUMP START Fitness staff is highly qualified and they love teaching fitness to the middle school kids. Sign your child up early and have them join in with their friends for more fun! Now is the time to get your child on the road to a healthy fitness life style!

JUMP START Fitness programs offer classes in Circuit Weight Training, Yoga/Pilates, Hip-Hop Dance and Kick Boxing. All JUMP START instructors are high energy and experienced in working with children.

JUMP START Fitness programs meet once a week for 9 weeks between September 21st and November 19th. Pre-enrollment is necessary to reserve your child's spot since class size is limited. Enroll now at the front desk.

Contact Deborah Heumann at 818-825-7385 or deborahh@roadrunner.com for any additional information.

JUMP START Fitness is looking forward to working with your child!

Best Wishes,

Deborah Heumann

Fitness Staff

**Looking for the
"LATEST NEWS"
regarding whats happening
at the Center. Check out
www.calabasastsc.com
"Latest News"**

WWW.CALABASASTSC.COM

Top Seed Programs

First off, I want to thank my whole staff for doing a great job this summer. We had a lot of fun and many kid's want to continue their tennis throughout the school year.



The weather really cooperated, and it was almost cold in August.

"A BIG CONGRATULATIONS" to all the happy campers that participated in our summer program.

Do not forget to sign up for the after school programs going on throughout the year. We offer clinics for all levels and ages almost every day. We start August 31st – June 11th 2010.

(Grand Prix) The young ones, 5-7 year olds.

Monday, 3:30-4:15 or 4:15-5:00

Tuesday, 3:30-4:15 or 4:15-5:00

Thursday, 3:30-4:15 or 4:15-5:00

Friday 3:45-4:30

(Challenger) 8-15 year olds that are starting out or have some experience: Monday, 4:30-6:00

Tuesday, 4:30-6:00

Thursday, 4:30-6:00

Friday, 4:30-6:00

(Tournament Training) Kids who are already playing tournaments:

Monday, 4:30-6:30

Wednesday, 4:30-6:30

(Super Excellence) Invitation only:

Wednesday, 4:00-6:30

for kids that play on their High School team and, or have a high national or Southern California ranking.



Sign up, and come and have some fun.

Sincerely yours,
Jonas Walgard
Director of Tennis



LOOKING FOR TENNIS COMMITTEE MEMBERS!
We are looking for anyone interested in signing up to be on our 2009 social committee.
Contact Jeff Richards for details at (818)222-2782 or email Jeff at jeff@topseed.us

Tennis Socials

Fall & Winter is filled with lots of events for our Calabasas members.



- September 11 - 13 is the Club Mixed Doubles Championships.
- The Junior Challenge Series starts September 20 and runs through December 13.
- Over the weekend of October 2 - 5, Calabasas hosts the Challenger Wildcard tournament.
- The USTA / SCTA Junior Open is November 6 - 9.
- Our Club Singles Championships are slated for November 14, 15 & 21, 22.
- The Holiday Drill is December 4.



Our annual Luau was one of the biggest ever with over 70 participants who enjoyed island cuisine and a Polynesian dance show with hula girls and fire dancers.

Every Sunday afternoon starting in late September running through early December, the courts will be full with weekly junior ladder challenge matches, including our 12 intermediate USTA Junior Team Tennis players. Contact Jeff Richards for more details.

Jeff Richards
Event & Tournament Director

MENS & WOMENS FALL LEAGUES START SEPTEMBER 24TH
Registration information at the front desk.

Zellmer & Associate
Massage Therapy
(818) 887-0268

Fitness

It will be here before you know it.....

SATURDAY OCTOBER 10th

FALL FITNESS AFFAIR

8:30AM TO LUNCH

Just what is a Fall Fitness Affair?

It is an action packed morning of fitness with your friends, fun for all, good food and snacks, and what affair would not be complete without fantastic prizes!!!! And it's the kind of affair that is safe to tell your spouse about it!



A great opportunity to get your fitness program in gear and get in shape for the Holidays!

Work out.....Move it and Lose it....Yoga and Stretch your muscles with your friends and family and the Cool Fitness team of trainers.



Here is your chance to try a sampling of all types of our fitness classes including: Iron Yoga, high and low impact cardio work, Boxing, Muscle conditioning with weights and bands, Ab Lab, Balance Ball, Power Walk, Yoga, and more.....A taste of all things fitness!

You will have a chance to win great raffle prizes, chair massages will be provided by Zellmer's, Elham Chiropractic will offer spinal analysis and muscle testing, body fat tests will be available, and always more surprises.

You will be treated to yummy, healthy snacks during the work outs and a delicious lunch from Water's Edge Cafe will conclude your activities.

All of this for a mere registration fee of \$25.00.

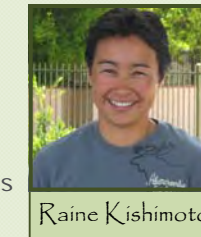
More details and registration forms will be available soon at the CTSC Front Desk and www.calabasastsc.com under Latest News.

Best Wishes,

Deborah Huemann
Fitness Staff

Aquatics

This summer is incomparable to our past seasons!



We hosted your family pool party on the weekends, provided swim lessons for your little ones, chaperoned your junior lifeguards on field trips to Zuma Beach and Hurricane Harbor, watched you eat



watermelon faster than we can say watermelon, taunted you at the dunk tank on 4th of July, and shared a laugh or 2 at our movie nights.

This summer we did it all! And we would like to thank you for sharing those summer memories with us, and would also like to thank you for your cooperation and patience during those busy times.

This summer could not have been a success without the **Aquatic Staff!** Thanks to all of you for your time, energy, sweat and smiles this summer! I am looking forward to working with returning guests and staff next spring and summer seasons.



Before we say good bye for the summer, please join us for one last pool party. When we host the **BACK TO SCHOOL pool party** on Friday Sept. 4th from 4pm-9pm. **FREE** open swim, music, games and prizes for the whole family!



This fall we will have **Swim lessons** held on Mondays and Wednesday afternoons from 4pm-6:30pm and Saturday mornings from 10am-1pm.

Adult swim classes, novice swim team, masters swim team, posted swim workouts to challenge you, **aqua fit, aqua therapy** and the **100 mile swim club** for our lap swimmers. Come in to complete your swim workout and see the lifeguard on duty to tally your miles.

Hope to see you soon!

Raine Kishimoto
Recreation Coordinator

