



Dan Huncke

By far, summer is the busiest of the four seasons at the Tennis & Swim Center. This summer, the City of Calabasas has many terrific recreational opportunities for you and your family through the parks and programs .

Whether you are looking for the physical, mental or the social stimulation that recreation can provide, Calabasas will have something for you. If it is taking a fitness or art class at the Center or hiking one of our beautiful trails – the benefits of recreation have many “spin-offs”. As listed in the California State Parks Master Plan here are just a few:

Physical Health Benefits

- Reduces Obesity
- Diminishes Risk of Chronic Disease
- Boosts Immune System
- Increases Life Expectancy

Mental Health Benefits

- Reduces Depression
- Relieves Stress
- Improves Quality of Life

Social Benefits of Recreation

- Strengthens Communities
- Reduces Crime
- Encourages Volunteerism
- Promotes Stewardship
- Unites Families
- Builds Cultural Diversity & Harmony
- Supports Individuals w/Disabilities
- Develops Youth
- Supports Seniors
- Enhances Education
- Deters Negative Behavior

I hope you continue to enjoy the many recreational offerings at the Tennis & Swim Center and throughout the city. I look forward to seeing you “recreate” throughout the city.

Wishing you a wonderful summer,

Dan Huncke

Recreation Services Manager

The Water's Edge Cafe

Calabasas Tennis & Swim Center

Café open June 20

10:00 am – 5:00pm Monday-Friday

11:00 am – 5:00pm Saturday & Sunday

Summer leagues begin on July 7th.

Tuesday nights will be Ladies Night with a 3.5 and 4.0 Doubles league offered. **Wednesday night** is Men's Night with a 4.0 and 4.5 Doubles League offered; and **Thursday night** is Mixed Doubles night. All leagues will go for approximately 6-7 weeks of league play with a party at the end for all participants. The cost of the league is \$55/person (members only).

We will also be offering an **Early Risers Men's Singles** League which starts at 7:00 a.m. for all you early birds!

Registration forms will be available the first week of June; and the deadline to sign up is June 22nd.

All registrations are accepted on a first come/ first served basis. Leagues fill up quickly and I'm happy to report that **206 spots were filled for the Spring session.**

As always, please feel free to call me at 222-2782 (ext. 108) or e-mail me at marcal-ten@yahoo.com if you should have any questions.

Sincerely, Marlene Johnson
League Coordinator

Top Seed Academy

Our 9th annual USTA Pro Circuit Challenger is scheduled for October 19th -25th.

We are looking forward to a very successful tournament with community events and VIP parties every night of the week. A great thank you and appreciation goes out to our title sponsor, **Mercedes-Benz of Calabasas** for supporting the tournament.

The Calabasas Tennis & Swim and Top Seed invite you to be a part of this year's tournament as a sponsor or volunteer for many of the tournaments activities.

Top Seed would also like to thank all of our volunteers and ball persons who have done an outstanding job throughout the tournament in the past. Without their help we would not be able to host such a fine event!



Steve McAvoy

Steve McAvoy
President of Top Seed Academy

Top Seed Programs

Winter and Spring were kind of slow and rainy, but summer is here now!

The boys' high school season is over and once again we were the host of Viewpoint High School's tennis team season. I will personally thank all the members for their cooperation, and patience, due to our limited amount of court space.

New Program

We are trying to get a "Match Making" system in place?

You would put your name, e-mail, level, interested in, doubles, singles, or mixed. When do you want to play? It would be posted on our web site "calabasastsc.com" under "Match Making" and there you go!



Please submit this information on the form at the front desk to get started. Planning to have web-site updated by July 1st.

SUMMER IS HERE!

Summer camp is going into its 15th season.

- **June 22nd, 2009 1st day of summer camp.**
- **August 21st, 2009 last day of summer camp.**
- **When?** Every day from 11:00am – 4:00pm.
- **Who?** Ages 5 and up.
- **What do you do?** Have FUN! Learn about tennis, play games, matches, swim, lunch, win awards and prizes. (Age 5-8 are having arts and craft in the afternoon.)
- **How do I sign up?** Go to www.calabasastsc.com download and print application, or just step in to the club and get an application from the front desk.

We are looking forward to a great summer.



Sincerely yours,
Jonas Wallgard
Director of Tennis

Jonas Wallgard

Tennis Socials

Spring and early summer is filled with lots of events for our Calabasas members.



Jeff Richards

Over the weekend of June 5th, 6th & 7th Calabasas Tennis & Swim & Top Seed will host our first **USTA sanctioned NTRP/Open Adult tournament**. This tournament is open to any USTA member across the southland, and this type of tournament usually draws over one hundred participants from all over the San Fernando Valley and Southern California. Sanctioned by the USTA, players play for So. Cal. ranking points.

On June 20th, **World Team Tennis Festival**, with division winners qualifying for WTT Regional Playoffs. Teams consist of 3 men and 3 women in a no-add game format of men's and women's doubles, men's and women's singles and mixed doubles. It's a full day of tennis that includes lunch and awards.

We are also planning a trip to UCLA for an evening at the **LA Tennis Open** in late July.

The annual **Luau** is August 8th. After a fun tennis drill and round robin play, we will "drum up" with fire dancers and hula girls. The Water Edge Café will top off the evening with famous "island cuisine."

Color War on September 5th is a 4 team competition with each team representing a different color. Each team has a male and a female captain who pick players in a draft on Thursday night, set their line ups and decorate their "home" tables in their teams color. All the teams play each other and the team that wins the most games becomes Color War champion for 2009. Bring your decorations and smack talk for this one.



Jeff Richards

Event & Tournament Director

LOOKING FOR TENNIS COMMITTEE MEMBERS!

We are looking for anyone interested in signing up to be on our 2009 social committee. Contact Jeff Richards for details at (818)222-2782 or email Jeff at jeff@topseed.us

Fitness

SATURDAY OCTOBER 3RD FALL FITNESS AFFAIR AT THE CALABASAS TENNIS AND SWIM CENTER 8:30AM TO 1:00 PM

Just what is a Fall Fitness Affair? You ask.....
It is an action packed morning of fitness with your friends, fun, good food, and what affair would not be complete without **fantastic prizes!!!!**

Work out.....Move it and Lose it.....Yoga and Stretch your muscles with your friends, family and the Cool Fitness team of trainers.



Here is your chance to try a sampling of all types of exercises including

- Warm up stretches
- Cardio work with high and low impact
- Kick Boxing
- Muscle conditioning with weights and bands
- Pilates
- Balance Ball work
- Power Walk
- Indoor Cycling
- Yoga
- And More.....

A delicious lunch and yummy snacks will be provided along with great raffle prizes, chair massages, spinal analysis, muscle testing, and other surprises.



All of this for a mere registration fee of \$25.00

More details and registration forms will be available soon at the CTSC Front Desk and on-line.

Cool Fitness

Aquatics

Mother Nature adds the heat!

Lifeguards bring on the beat!



Raine Kishimoto

We start off summer with a movie night on Friday June 26th, featuring Scooby Doo the Movie! Doors open at 6pm, games and prizes from 6pm-8pm, and the movie starts at 8:30pm. (FREE TICKETS AVAILABLE FOR PICK UP JUNE 1ST AT THE SWIM CENTER). Following that, we kick it up a notch with the 4th of July Splash Party! Bring the entire family out for FREE open swim, games and prizes for the kids, music and BBQ from 11am-5:30pm. Keep the party going with the 6th Annual Dive-in-Movie Night on Friday July 17th featuring "The Goonies". Doors open at 6pm, games and prizes from 6pm-8pm, and the movie starts at 8:30pm. We will say goodbye to the summer with style on Friday, September 4th from 4pm-9pm with a Back to School Pool Party! Music, games and prizes for the whole family! Come out and say good bye with style!

Raine Kishimoto



CHANGING LANES

Lanes are designated by speed; slow, medium and fast. Please determine which speed suits you best before entering a lane.

When one other person is occupying the lane, please announce yourself, choose one side of the lane and swim on your side of the lane.

When 3 or more swimmers are occupying a lane, please circle swim. To circle swim, first identify the best lane for your speed and then announce yourself to all swimmers. Then swim in a counter clock-wise pattern, always swimming on the right hand side of the lane. While circle swimming, if the swimmer behind you taps your foot, please stop at the next wall and let the swimmer pass.

Winter League Results

Ladies 3.5 Doubles

Susan Lotwin/Halyce Krasilovsky (Winners)
Michelle Garber/Elaine Parker (Finalists)
Carin Meyer/Michelle Clarizio (Finalists)

Ladies 4.0 Doubles

Marlene Johnson/Susan Schechter (Winners)
Karen Catania/Tami Cohen (Finalists)

Marla Lefton/Simone Kelman (Winners)
Laura May/Denise Whitfield (Finalists)

Ladies 4.0+ Doubles

Miri Mizrahi/Claris Kaye (Winners)
Sue Carlson/Kristi Bala (Finalists)

Ladies 4.0 Singles

Sharon Siegel (Winner)
Vanessa Gold (Finalist)

Ladies 4.0+ Singles

Miri Mizrahi (Winner)
Andria Bock (Finalist)



Ladies 3.5 Singles

Wilma Soeries (Winner)
Vardie Villadiego (Finalist)

Ladies 3.5 Doubles

Lori Keefe/Melissa Shanahan (Winners)
Celia Pena/Marcy Bowen (Finalists)

Ladies 4.0 Doubles

Joanne Carlsen/Anie Mansour (Winners)
Soraya Hostetter/Susie Beckmeier (Finalists)

Men's 4.0 Doubles

Drew Mackintosh/Dave Ray (Winners)
Norman Dornfest/Tim Elkins (Finalists)

Men's 4.5 Doubles

Javier Ascarrunz/Tom Nursall (Winners)
Bruce Phillips/Richard Lorentz (Finalists)

4.0 Mixed Doubles

Lisa Leibovitch/Bruce Leibovitch (Winners)
Karen Goetting/Mark Goetting (Finalists)

4.5 Mixed Doubles

Connie Benveniste/Richard Lorentz (Winners)
Ian Gocka/Kristi Bala (Finalists)

Men's Early Risers

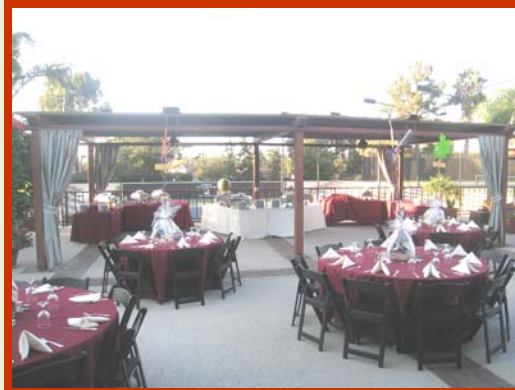
Michael Segal (Winner)
Mike Bloom (Finalist)

Please don't hesitate to call me if you have any questions or comments at 222-2782, ext. 108, or e-mail me at marcalten@yahoo.com.

Sincerely,

Marlene Johnson
Tennis League Coordinator

Announcements



Sean Michael Catering
here at the
Tennis & Swim Center
with great friendly
service and a multitude
of set ups to offer you...
Come by and see us or
call 818.222.0226

TOP SEED TENNIS EVENT RECAPS

- The second annual USTA sanctioned Senior Championships in March had a number of Calabasas players and pros take home trophies in their respective divisions. Desi McBride beat Michael Lane in the 40's final. Ian Gocka won the 40's Consolation. Bruce Man Son Hing won the Men's 45 Singles and took home the men's 40 Doubles trophy beating Michael Lane and his partner in the finals. Allan Drazen won the Men's 65's over Ben Murphy. David Dreben and his partner defeated Jeff Richards & Jim Wilson in the Men's 50's Doubles final. Joanie Carlson & Miki Hill finished second in the Women's 45 Doubles. Linda Beisswanger & David Dreben won the 45's Mixed Doubles after Jonas Wallgard and Lisa Brougham had to pull out due to an injury. All in all, 38 Calabasas Tennis members and pros competed in the Senior Championships.
- Our Annual Century Tournament saw Rich Stanley & Joel Surnow take home the 100 year old division championship over Tod Cooper & Bruce Boisclair. Jonathon Koch & Steven Wright won the 100's Consolation. In the 120 years and older division, Joe Tomasello & Barry Bierman beat Richard Rothschild & Erik Balderama in the finals. Stan Davis & Gary Chang won the Consolation.
- Calabasas was well represented at the World Team Tennis Western Regional playoffs in April in Las Vegas. Team captain Linda Beisswanger led her team of Jeff Richards, Scott Crandall, David Dreben, Michael Lane and Lisa Brougham to a second place finish in their round robin group, losing by 1 point in a Super Tie Breaker.
- The Adult / Junior tournament had 40 players participate in a fun day of tennis of parents playing with their kids. Eduardo & Eduardo Jr. Nava defeated Scott & Jake Yasgoor in the finals of the Open division. David & Cruz Thayne won the Satellite D1 with Sam & Allan Sokolov finishing second. The Satellite D2 division was won by Katie & Wally Thayne besting Todd & Zoe Brown in second.

Spring Fit Affair was a Success! (and fun too)

Most importantly a big thank you goes out to those of you who came out and participated in the Spring Fit Affair. It was a great morning of fitness, fun, friends and food! I would like to say thank you to all of you who worked with me behind the scenes to make the Spring Fit affair go off without a hitch, Cool Fitness instructors, Gina, Lori, and Ellen, for teaching Iron Yoga and Yoga and for assisting on the power walk. Thank you to Mr. G for introducing g-Tonnicks. A special note of appreciation goes out to Sean at the Water Edge Café for catering the wonderful lunch. What would a fitness affair be without the magic hands of Zellmer providing chair massages to all? The spinal analysis with Elham was greatly appreciated. Keep an eye out for more Fitness Socials planned for the fall!

